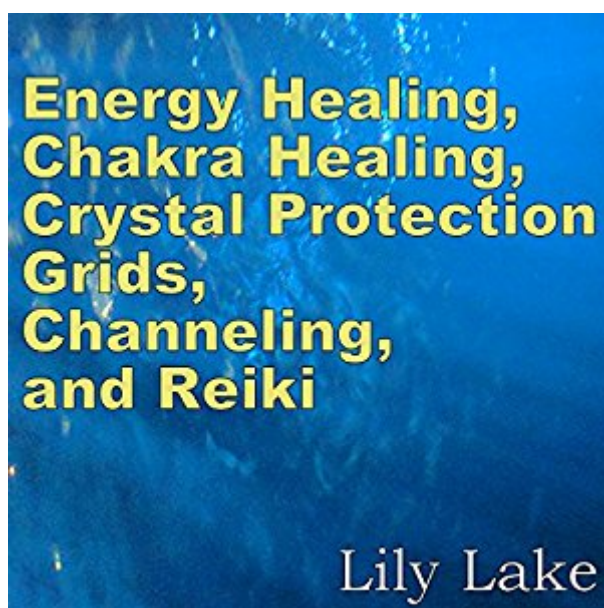


The book was found

# Energy Healing, Chakra Healing, Crystal Protection Grids, Channeling, And Reiki: A Quick Guide For Beginners



## Synopsis

This book will teach you step-by-step how to create a crystal protection grid in nearly any location, how to self-heal using reiki, how to heal others using hands-on or distance reiki, what the 12 chakras are, where they are located, how to channel, how to smudge, how to cleanse stones, and more! Stop being confused by all things metaphysical! Find answers here, quickly and inexpensively! Were you born with abilities and gifts? Did your family members speak of having the ability to see the future or to sense deaths before they were told someone passed on? Do you have premonitions, daydreams, and dreams that seem to come true? Do you experience deja vu when you have visited places which you have never been, as if you had visited them in a past life? Do you know information, but aren't sure how you learned it or whom you learned it from? Are you able to "sense" bad people or negative people from the color of their aura or the hair standing up on the back of your neck? Do you see spirits, orbs, ghosts, or signs from the "other side"? Do you get ringing in your ears or vibrations when you are near certain types of stones and crystals? If you are experiencing any of these signs and symptoms, you may have more abilities and gifts than you realize! You may have an active pineal gland in your brain that drives your "sixth sense". You may be coming into awareness of your Third Eye abilities. This book seeks to introduce you to one of the abilities of those who are in touch with their "Third Eye". This is the ability to "channel" the energy of the earth. Channeling can be done to channel positive energies into your home, car, belongings, self, others, crystals, and stones. The earth and every natural things on it is made up of negative and positive energies. Channeling harnesses the earth's energies for other useful purposes, which we will mention in this book.

## Book Information

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## Customer Reviews

This book basically cuts to the point of the separate topics plainly explains how to do it, where and with what items and why it works.

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